

Book Block Bootcamp



Spread the words.

2/9/2026

EDMONTON PUBLIC LIBRARY

 **epl.ca**

Today's Agenda

1. Bookbinding Service at EPL

2. Set up Book Dimension

- Page Size
- Margins

3. Front and Back Matter

- Verso & Recto Pages
- Copyright Page

4. Formatting Manuscript

- Page Breaks vs Section Breaks
- Styles
- Table of Contents
- Fonts
- Alignment, Indentation & Spacing
- Running Headers
- Page Numbers
- Adding Images



Bookbinding at EPL

- Machine-assisted, hands-on book making using Perfect Bind method
- Limit of 1 book per month and 5 copies per binding session
- Book size is limited to 5.5" x 8.5"
 - 50 pages minimum
 - 700 pages maximum
- Cream internal pages printed in B&W only.
 - No full bleeds on internal pages
- Covers are printed in color one-side only
- Pricing is \$0.05 per page + \$1.00 for cover/bind before tax.

Bookbinding at EPL

Books you can make at EPL

Novels

Family history/memoirs

Poetry

Short story collections

Anthologies

Recipe books

Books you cannot make at EPL

Textbooks, e-books or books that are in copyright

Children's picture books

Photobooks

Repairing old spines

Books in sizes other than 5.5" x 8.5"

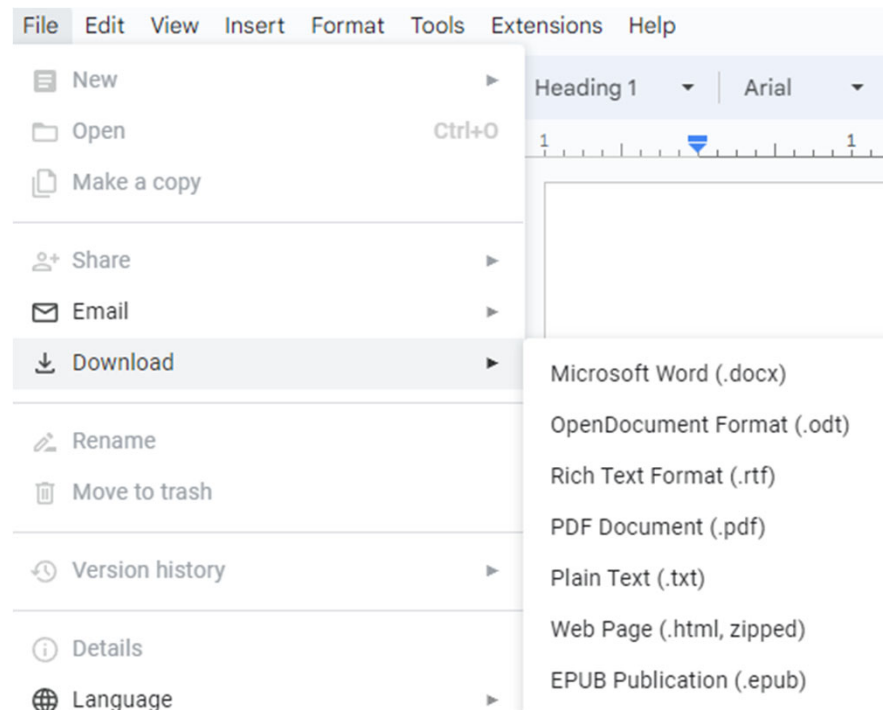
Books with less than 50 pages or more than 700 pages

Book Dimensions

Google Doc to Word

If you are using Google Docs, you'll want to change the Page Setup to Statement size first!

Since this guide is for MS Word, you'll have to download your file.

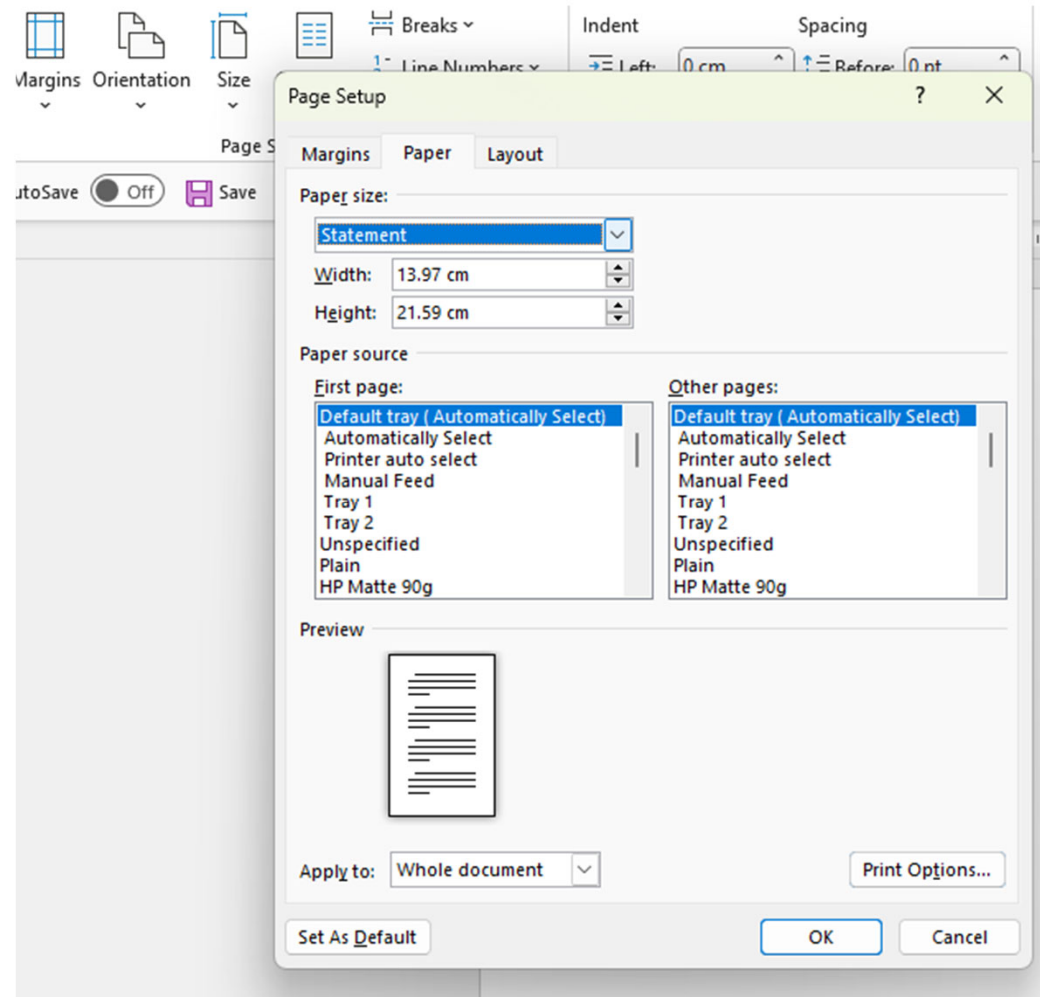


File > Download > Microsoft Word

Page Size

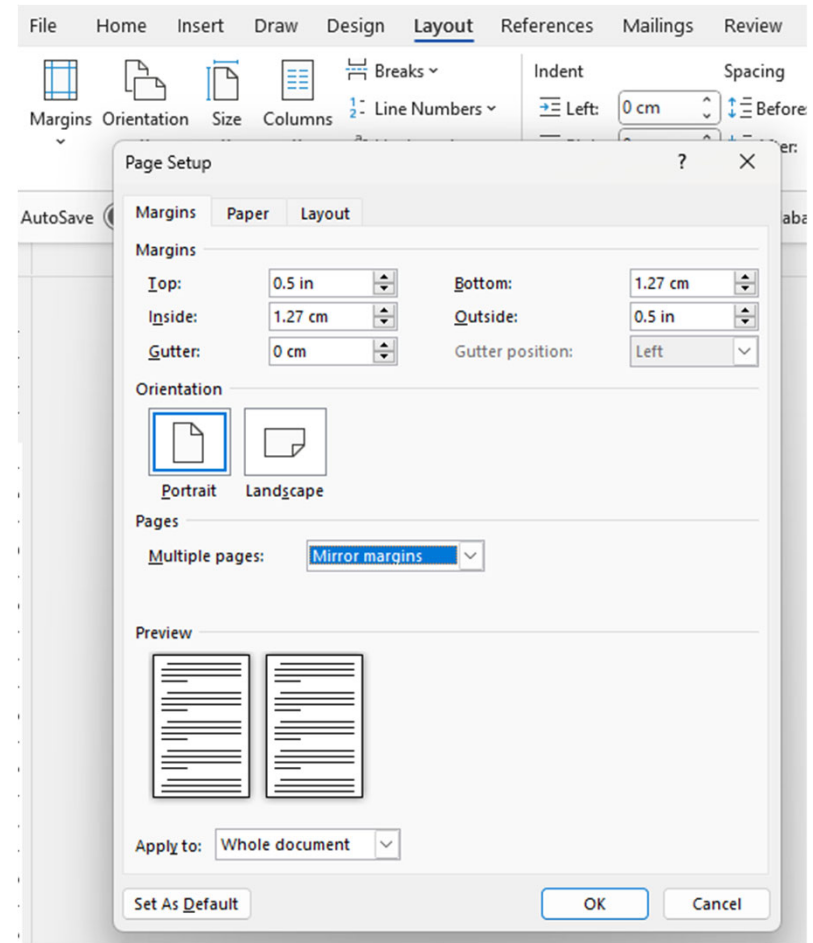
- **Match your document to your book size!**
- **At EPL our book size is 5.5" x 8.5"**
- **Layout > Size > Statement or
More Paper Sizes > Custom Sizes >
enter 5.5 in (13.97 cm) & 8.5 in (21.59 cm)**
- **Make sure it's applied to the Whole Document**

Page Size



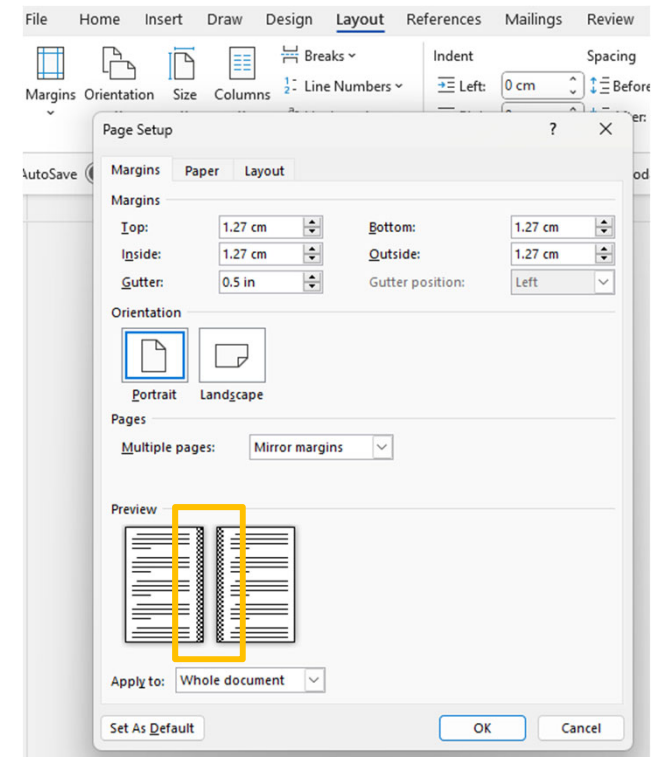
Margins

- The minimum margins for your books should be 0.25 in (.64 cm)
- Recommend margins at 0.5 in (1.27 cm)
- For books we want the pages set to Mirror Margins.



Gutters

- **Gutter is the inner margins of a bound book; adjacent inner margins of facing pages when book is open.**
- **In a bound book, some of this gap will appear as a margin, and some will disappear into the binding.**
- **Some binders add the gutter and inside margins together as one measurement.**



Gutters

- The more pages the book has, the bigger the gutter needs to be.

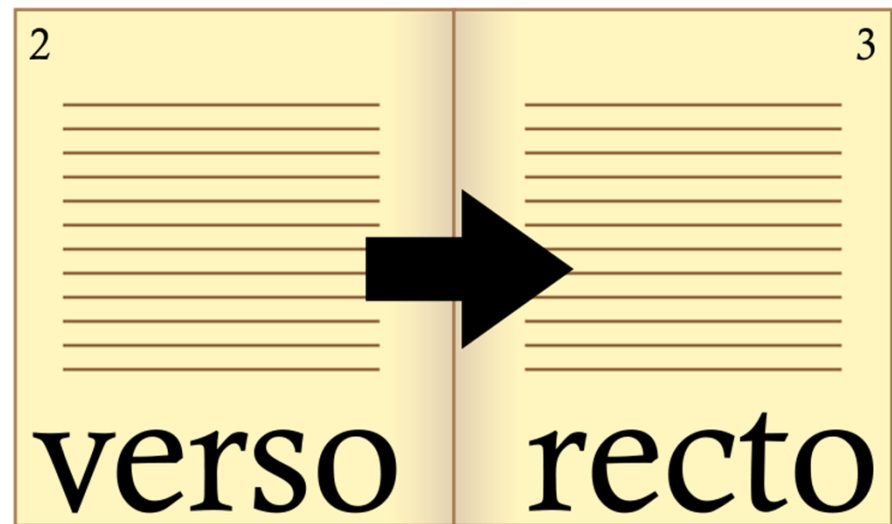
Page Count	Gutter Margin (min)
40 to 150 pages	0.125 in (3.2 mm)
151 to 300 pages	0.25 in (6.4 mm)
301 to 500 pages	0.375 in (9.6 mm)
501 to 700 pages	0.50 in (12.7 mm)
700 pages +	0.625 in (15.9 mm)

Adapted from Kindle Direct Publishing
https://kdp.amazon.com/en_US/help/topic/GVBQ3CMEQW3W2VL6

Front and Back Matter

Verso & Recto

- Recto is the "right" or "front" (odd pages) and verso is the "left" or "back" side (even pages).
- Books always start on Page 1, the recto side.



Common Front Matter

1. Half-title [bastard page]
2. Other books by (verso of the half-title)
3. Title Page
4. Copyright Page [colophon] (verso the title page)
5. Dedication
6. Table of Contents
7. Foreword and/or Preface
8. Lists of Tables and Figures
9. Lists of Contributors
10. Acknowledgements (sometimes at the back)

verso pages	recto pages
	half title i
blank ii	title iii
copyright © iv	dedication v
blank vi	contents vii
contents 2 or blank viii	acknowledg- ments ix
blank x	introduction xi
introduction 2 or blank xii	

Half-Title vs Title Page

- **Half -Title has nothing but the book's title, though many books skip this page.**
- **Half-Title usually uses the same typesetting for the Title as the book's Cover.**
- **Title page includes:**
 - **Book title (with the subtitle)**
 - **Author's name**
 - **Publisher's name and city**

Copyright Page

Verso the title page, these two pages are the legal pages of the book.

What to include:

- **Title, subtitle**
- **Author name**
- **Copyright year and holder**
- **Type of copyright notice**
- **Copyright of sources used**
- **Cover, Editor and other direct contributor credits**
 - With an introduction by...
 - Color illustrations by...
 - Translated by...
- **Disclaimer if applicable**
- **ISBN** (include e-book, paperback and hardcover ISBN numbers if applicable)
- **Publisher name, city, country**
- **Country of printing**

Copyright Page Example

TITLE OF BOOK

Copyright © Author Name, YEAR

For information contact:

(Address, website)

<http://www.website.com>

Book and Cover design by Designer

ISBN: 1234567890

First Edition: Month 2024

Printed at EPL Makerspace, Edmonton, Alberta, Canada

A good place to look at what you want to include on your copyright page is <https://pagemaster.ca/what-to-include-in-your-books-copyright-page/> or <https://blog.reedsy.com/guide/parts-of-a-book/copyright-page/>

Include information such as:

- Type of copyright notice (reserving all rights/creative commons/public domain),
- Disclaimer,
- Publisher (if you're self-publishing the publisher is you),
- ISBN,
- Copyright of sources used (including, but not limited to: cover art, fonts, photographs, forwards, maps, illustrations, poems, lyrics, excerpts of copyrighted material),
- Place of printing,
- CIP/LCC Information

ISBN

- The International Standard Book Number (ISBN) is a globally recognized unique identification number required for the sale and distribution of a publication in Canada.
- In Canada, it's free for self-published authors and publishers who are Canadian residents to register an ISBN.
- Apply for multiples if doing e-book, hardcover, softcover, audiobook, etc.

Reminder:
Getting an ISBN
can take up to
three weeks so
plan in advance.
You request an
ISBN though the
Government of
Canada website

Common Back Matter

1. Acknowledgements
2. About the author
3. Appendix or addendum
4. Chronology or timeline
5. Endnotes
6. Glossary
7. Index
8. Copyright permissions (may also appear in the front matter in conjunction with the colophon page)
9. Discussion questions
10. Bibliography/reference list
11. Bonus material

verso pages	recto pages
	part one 1
blank 2	chapter one 3
last page of text or blank #	appendix #
appendix 2 or blank #	endnotes #
endnotes 2 or blank #	index #
index 2 or blank #	

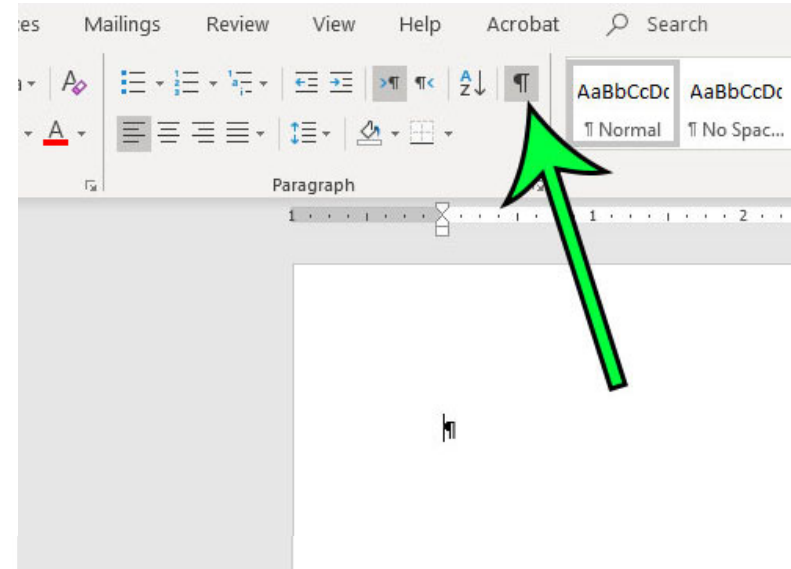
Formatting Manuscript

Viewing Formatting

- **Using the tools in your word processor will make it much simpler to prepare your book for print or digital distribution.**
- **We will be using the Pilcrow (aka “Show/Hide button” or “backward P”) to reveal the various formatting features**

Viewing Formatting

- Hitting the Show/Hide button allows the non-printing characters to be revealed.
- “Nonprinting characters” is Word’s term for anything that takes up space or has a formatting function but does not appear on the printed page, including spaces, tabs, page or paragraph breaks, etc.



Formatting Mark

Meaning



Enter

paragraph mark (pilcrow)



Shift + Enter

line break

.....Column Break.....

Column Break

.....Page Break.....

Page Break

.....Section Break (Continuous).....

Continuous Section Break

V
F

Donec sollicitudin, augue ac laoreet tempor, leo metus euismod lectus, blandit vitae semper vitae, porta nec ex. Duis mattis odio nisi ac facilisis facilisis, turpis ex tincidunt elit, eu pulvinar metus interdum sem, a hendrerit orci commodo id. Duis volutpat sed mauris et, aliquet nisi. Nunc interdum lacus ac ligula fringilla vel gravida non. Pellentesque rhoncus, arcu eget pellentesque matt et pretium arcu. ¶

iverra erat. Donec tellus are. Curabitur fermentum, e leo ut lacinia. In convallis nibh fermentum, tincidunt magna, eu eleifend lectus er arcu velit non ante. Sed.

Section Break (Next Page)

CHAPTER THREE | WHY SECTIONS ¶

- Chapter Three ¶
- There Be Poems and Quotes in This Chapter ¶

The European languages are members of the same family. Their separate existence is a myth. For science, music, sport, etc, Europe uses the same vocabulary. The languages only differ in their grammar, their pronunciation and their most common words. ¶

Everyone realizes why a new common language would be desirable: one could refuse to pay expensive translators. To achieve this, it would be necessary to have uniform grammar, pronunciation and more common words. ¶

Who is Silvia? What is she? ¶

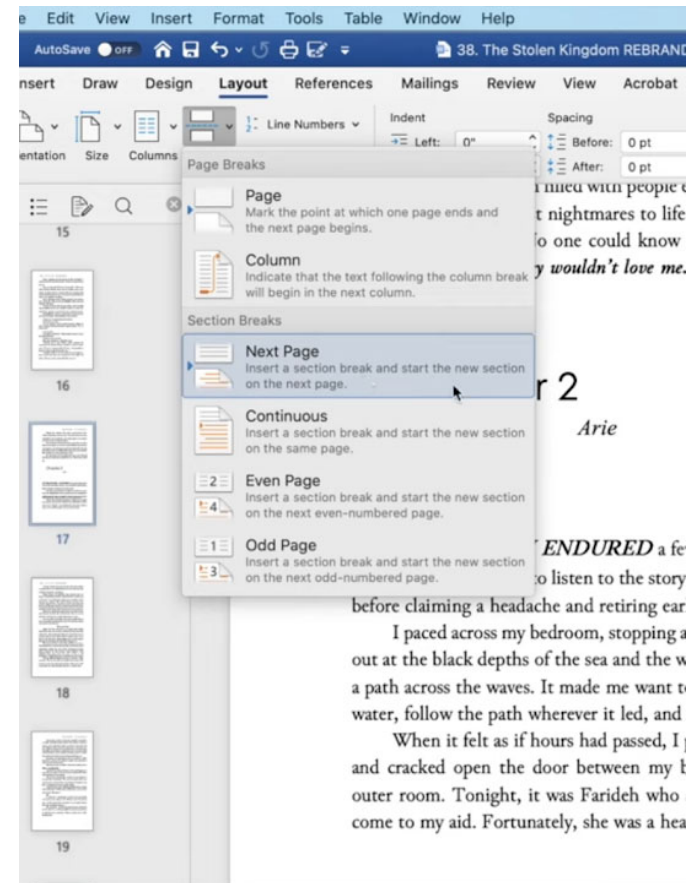
.. That all our swains commend her? ¶

Holy, fair, and wise is she; ¶

.. The heaven such grace did lend her, ¶

Page Breaks

- Do not press Enter repeatedly to get to a new page – instead Insert a Page Break to start your text on a new page.
- You should use this for the start of new chapters or poems, or to insert blank pages.
- Page Break pushes any information after that page break onto the next page.



Page Breaks vs Sections

- **Page Break** pushes any information after that page break onto the next page.
- **Is great for adding blank pages.**
- **Section Break Next Page** also pushes to next page **AND** splits your document into different parts to allow you to apply complex formatting.

Using Sections

- **One reason we want Sections in a document is to have specific parts of the book with different headers & footers.**
- **For example, if each chapter is a new section, we can have the individual Chapter Titles across the top of the page.**

Odd Page Header -Section 1- ¶ odio interdum porttitor nec quis iorem. Integer vitae varius lectus. ¶

Mauris suscipit arcu a massa pharetra, vel rutrum metus mattis. Sed scelerisque, lectus vel fermentum volutpat, velit turpis ullamcorper turpis, eget faucibus est nulla quis tortor. Curabitur in vulputate urna, in mattis tortor. Phasellus eu posuere elit. Praesent imperdiet magna a nibh mattis aliquam. Aenean bibendum magna eget sem molestie bibendum. Cras purus neque, sodales porttitor ante id, porttitor interdum tortor. Mauris lacinia sit amet risus in placerat. Morbi urna erat, gravida eget risus a, cursus molestie mauris. ¶

Nulla scelerisque ex id est vestibulum facilisis. Fusce ultricies tempor cursus. In tristique tincidunt imperdiet. Maecenas scelerisque aliquet dolor, a pretium lorem elementum at. Vestibulum lacinia nulla et sollicitudin egestas. Mauris tempus erat eget congue congue. Etiam vestibulum at turpis eget scelerisque. Nulla faucibus mauris justo, in consectetur odio tincidunt tincidunt. In porttitor efficitur tincidunt. ¶

Donec sollicitudin, augue ac laoreet tempor, leo metus euismod massa, in elementum quam tellus viverra erat. Donec tellus lectus, blandit vitae semper vitae, porta nec ex. Duis mattis odio diam, id ornare mauris tempus ornare. Curabitur fermentum, nisi ac facilisis facilisis, turpis ex tincidunt elit, eu pulvinar metus dui rhoncus dolor. Nam feugiat vitae leo ut lacinia. In convallis interdum sem, a hendrerit orci commodo id. Duis volutpat sed nunc euismod eleifend. Donec vitae nibh fermentum, tincidunt mauris et, aliquet nisi. Nunc interdum lacus ac ligula fringilla venenatis. Praesent gravida efficitur magna, eu eleifend lectus gravida non. Pellentesque rhoncus, arcu eget pellentesque mattis, dui dui mollis enim, at ullamcorper arcu velit non ante. Sed et pretium arcu. ¶

¶ Section Break (Next Page) ¶

Odd Page Footer -Section 1-

First Page Header -Section 2-

Same as Previous

CHAPTER THREE ¶

WHY SECTIONS ¶

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Phasellus eleifend erat nec finibus euismod. Suspendisse congue feugiat tellus, a malesuada nulla. Vestibulum rutrum ut ante vitae accumsan. Donec ac arcu maximus, blandit orci sit amet, dictum eros. Suspendisse potenti. Aliquam et augue tellus. Vestibulum eu placerat est, non vulputate sem. ¶

Aliquam sodales euismod mauris. Nullam facilisis elementum velit, quis lacinia urna egestas non. Nulla tristique libero non ex porttitor, sit amet dapibus justo sodales. Phasellus feugiat, risus a luctus fringilla, enim ligula commodo nulla, a porta leo lacus sed dui. Sed pellentesque eros non ultricies maximus. Aliquam a augue urna. Donec nec ante quam. ¶

Suspendisse pulvinar leo nunc, eu aliquet nisi molestie eget. Curabitur a sollicitudin nisi, et ultricies urna. Fusce lobortis accumsan metus ut maximus. Pellentesque tincidunt felis non convallis malesuada. Nunc nec lobortis nisi, vitae gravida diam. Phasellus porta ligula sit amet eros scelerisque fringilla. Duis lacinia, mauris ac convallis efficitur, sem nisl euismod elit, sed semper nisi metus sit amet sapien. Proin sollicitudin dolor erat, in ultricies metus tempor iaculis. In eu justo tincidunt, scelerisque

First Page Footer -Section 2- ¶ am. Nam augue ¶ Same as Previous

Odd Page Header -Section 2- ¶ ictum justo. Cras at rutrum diam. Fusce dapibus dolor sit amet sem ultrices, sit amet ornare justo feugiat. ¶

Suspendisse ut faucibus nulla. Phasellus euismod tortor et ligula tincidunt interdum. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Aliquam erat volutpat. Etiam mattis pharetra ante ut interdum. Nam interdum convallis turpis at venenatis. Sed laoreet augue id nisi suscipit, ac pulvinar ipsum tristique. Proin porta viverra elementum. ¶

Duis posuere dolor eget urna efficitur, vel aliquam ex interdum. Donec a lectus orci. Aliquam erat volutpat. Curabitur velit mauris, pulvinar et eros vitae, efficitur venenatis libero. Vestibulum eget purus viverra, tincidunt orci a, molestie neque. Quisque ut nibh faucibus, commodo sem non, faucibus metus. Class aptent taciti sociosqu ad litora torquent per conubia nostra, per inceptos himenaeos. Maecenas posuere dictum egestas. Aenean placerat lorem pharetra viverra finibus. Phasellus quis dui et elit ullamcorper nec non ipsum. Phasellus ipsum sapien, tincidunt a tincidunt et, maximus non arcu. Aliquam erat volutpat. Etiam viverra faucibus metus vitae pulvinar. Praesent condimentum, sapien vel suscipit imperdiet, nunc nulla efficitur nulla, a facilisis dolor arcu mattis ex. Vestibulum nec massa a odio interdum porttitor nec quis lorem. Integer vitae varius lectus. ¶

Proin luctus libero ac sagittis scelerisque. Proin suscipit ac purus sit amet cursus. Donec augue felis, scelerisque at mauris vitae, fringilla porta nunc. Mauris eget velit ante. Maecenas dapibus eget turpis ut varius. Mauris ultricies accumsan massa in tempor. Curabitur mollis non magna non malesuada. Morbi tortor velit, eleifend ut ante vel, imperdiet facilisis diam. Vestibulum fermentum viverra faucibus. ¶

Sed vestibulum maximus lectus condimentum volutpat. Aliquam et lacus quis libero scelerisque. Odd Page Footer -Section 2- ¶ quis facilisis nisl. Quisque

Even Page Header -Section 2- ¶ finibus ante ¶ Same as Previous

Curabitur vel ipsum dignissim ornare risus sed, hendrerit turpis. Vestibulum eget hendrerit ex. Proin et sapien aliquet, facilisis ante eu, interdum orci. Duis a vestibulum metus, non commodo nibh. Curabitur laoreet, neque et elementum facilisis, libero quam maximus nisi, ut consectetur augue odio et magna. ¶

Phasellus sagittis magna ante, vitae pharetra eros efficitur eget. Nam vehicula libero consequat felis ullamcorper cursus. Sed dignissim finibus sapien, id suscipit dui bibendum ac. In finibus aliquam tempus. Sed luctus sagittis velit eget vulputate. Donec id eros eget ligula elementum lacinia ac id quam. Vestibulum et neque vitae purus ultrices feugiat. ¶

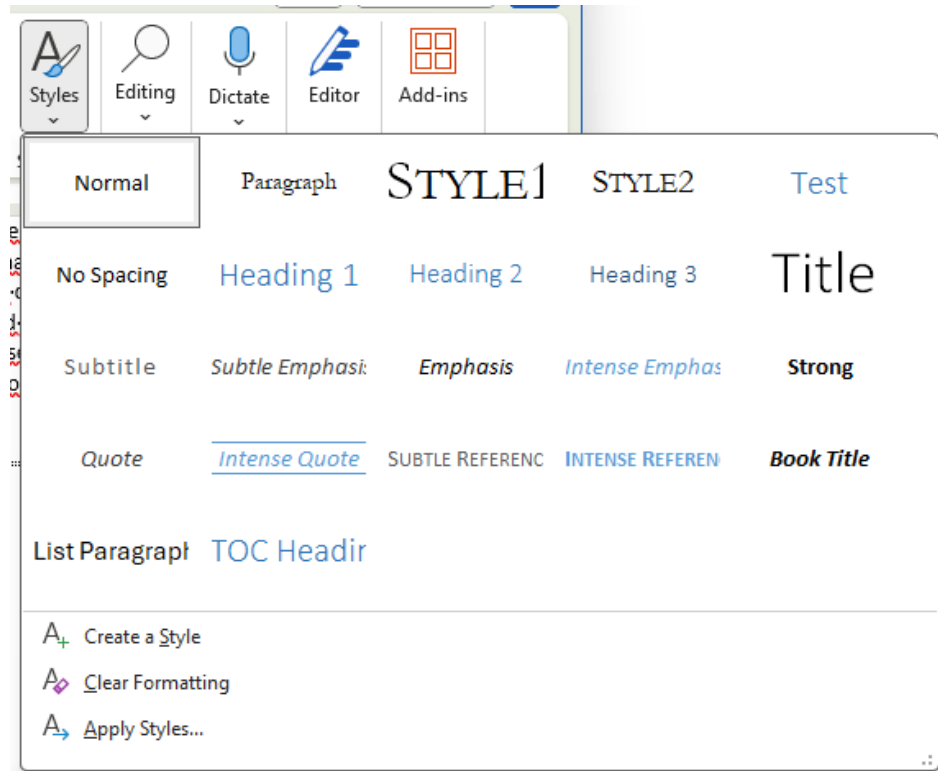
Ut sit amet ante vulputate, dignissim nisi id, aliquam velit. Sed ornare posuere vestibulum. Nam elit turpis, pretium eu varius at, lobortis sit amet metus. Nullam sodales dui sit amet vulputate. Cras velit nisi, vehicula eu imperdiet id, rhoncus ut mi. Nam feugiat, velit quis vulputate egestas, lorem libero pharetra magna, vel maximus turpis nisi ut odio. Class aptent taciti sociosqu ad litora torquent per conubia nostra, per inceptos himenaeos. Etiam volutpat fermentum eleifend. Sed iaculis, metus bibendum rutrum auctor, tellus sapien tristique eros, quis euismod quam tortor non augue. Praesent bibendum posuere finibus. Fusce accumsan id massa nec sagittis. Morbi in justo tincidunt, varius tellus sed, imperdiet purus. Proin bibendum finibus nulla. Cras sollicitudin neque vitae convallis varius. Sed tincidunt semper felis, eget consequat sem tincidunt quis. Praesent lacus tortor, posuere sed felis id, porttitor condimentum elit. ¶

Mauris suscipit arcu a massa pharetra, vel rutrum metus mattis. Sed scelerisque, lectus vel fermentum volutpat, velit turpis ullamcorper turpis, eget faucibus est nulla quis tortor. Curabitur in vulputate urna, in mattis tortor. Phasellus eu posuere elit. Praesent imperdiet magna a nibh mattis aliquam. Aenean bibendum magna eget sem molestie

Even Page Footer -Section 2-

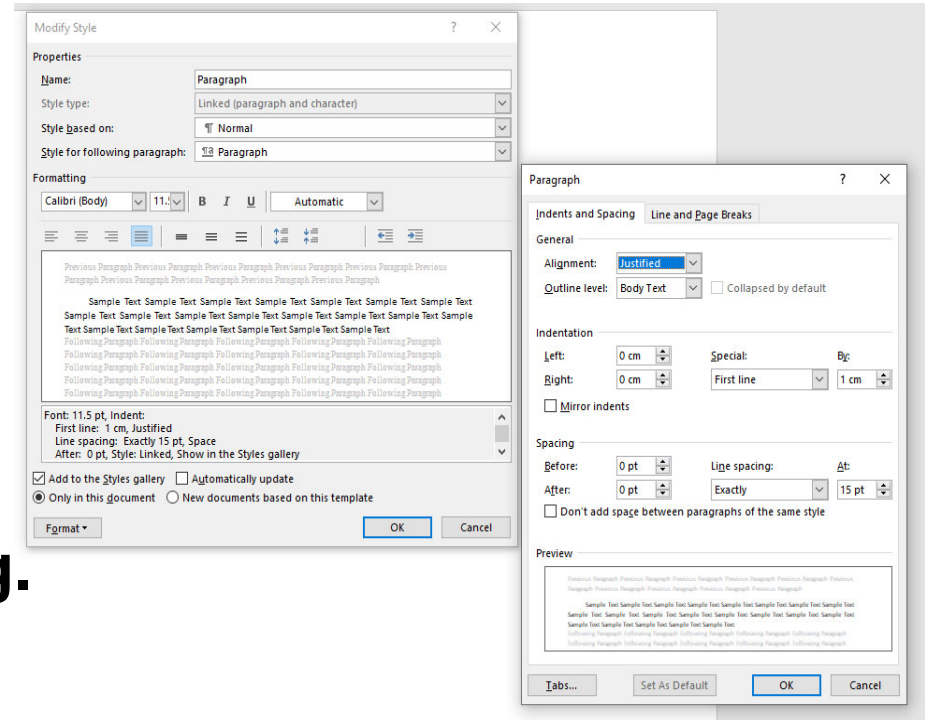
Styles

- **Creating a Style (or Modifying an existing one) can allow you to edit your spacing, indentation, font, in one place.**
- **Keeps your book block CONSISTENT!**



Styles

- **Styles ensure consistency by defining the appearance of text elements throughout your document.**
- **Allows for quick changes throughout your document – for both font and formatting.**
- **Using Heading Style easily creates Table of Contents**



Fonts

- **Serif fonts have decorative lines or tapers (also commonly referred to as “tails” or “feet”) while sans serif fonts don't—hence the “sans” in their title.**

AaBbCc

- **Serif fonts are easier to read in printed materials but on small screens, are harder to read, especially if they have low resolution.**

Fonts

- **The standard book font is the one that is used to type the main body text.**
- **For headings, you can choose a different font; a complementary sans-serif font or a bolder version of the serif font used for the body text.**
- **Not all fonts are free to print with when you are selling your work! You may need to research your specific font.**

Fonts

- **Free fonts to print:**

- <https://www.fontsquirrel.com/faq>

- Noto fonts are intended to be visually harmonious across multiple languages, with compatible heights and stroke thicknesses. [Noto Sans](#) & [Noto Serif](#)

- Copyright 2012 Google Inc. All Rights Reserved. This Font Software is licensed under the SIL Open Font License, Version 1.1*

- [DejaVu fonts](#) are a font family whose purpose is to provide a wider range of characters.

- Fonts are (c) Bitstream (see below). DejaVu changes are in public domain. Glyphs imported from Arev fonts are (c) Tavmjong Bah (see below). Copyright (c) 2003 by Bitstream, Inc. All Rights Reserved. Bitstream Vera is a trademark of Bitstream, Inc. Copyright (c) 2006 by Tavmjong Bah. All Rights Reserved.*

- [Montserrat](#) Inspired by the old posters and signs in the traditional Montserrat neighborhood of Buenos Aires.

- Copyright 2011 The Montserrat Project Authors*
<https://github.com/JulietaUla/Montserrat>

Fonts

Common or standard fonts include:

Arial

Baskerville

Book Antiqua

Bookman Old Style

Century

Courier

Garamond

Palatino

Sabon

Tahoma

Times New Roman

Veranda

Noto Serif

DejaVu Serif

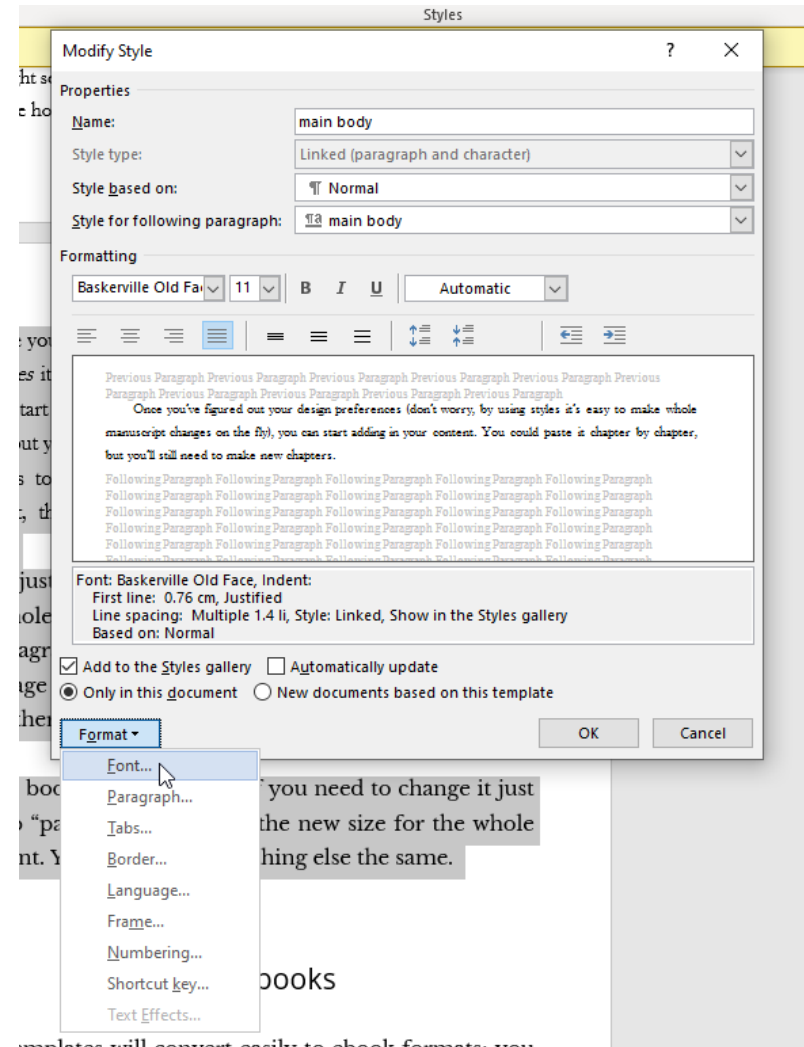
Montserrat

REMINDER:

Not all fonts are free to print with
when you are selling your work!
You may need to research your
specific font.

Font

- Font size is typically around 12pt.
- Chapter headings can be bigger, averaging 14pt – 20pt.



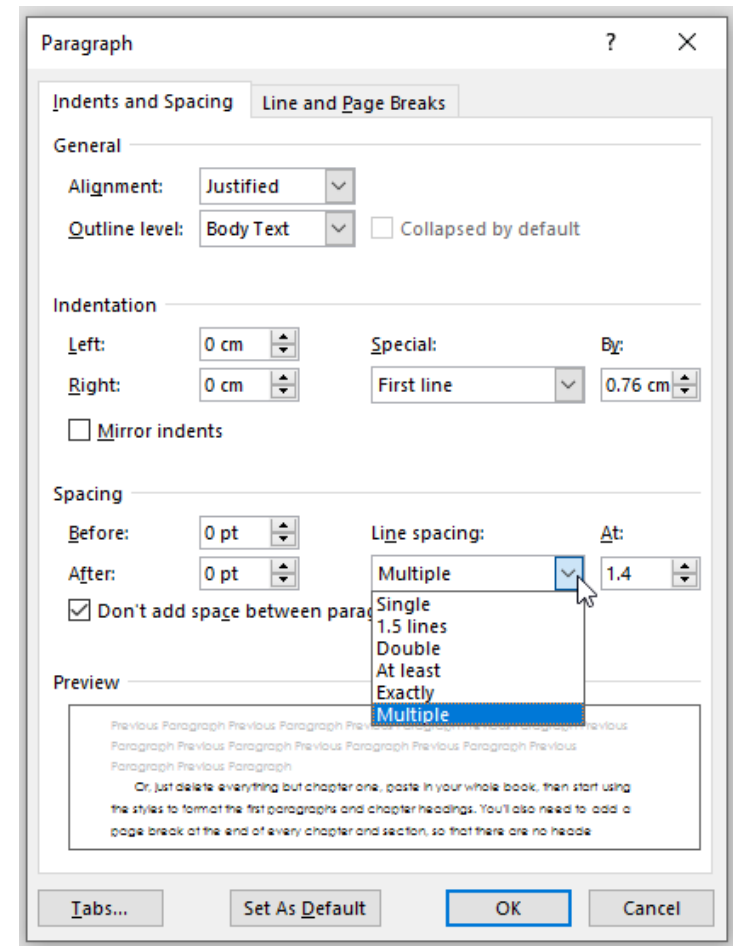
Alignment, Indentation, Spacing

Typically:

- **Novels are Single Spaced**
- **Alignment is Justified**
- **The first paragraph of the chapter or after a scene break will not be indented**
- **The first lines of every other paragraph are indented (0.3" or .76 cm)**
- **There is no spacing before or after each paragraph**

Alignment, Indentation, Spacing

- **BUT, you can play with design too!**
- **In some templates line spacing is set at Exactly at 15 pt or Multiple at 1.4.**
- **And poetry can really go wild.**



Alignment, Indentation, Spacing

- When using unique spacing make sure you are using the alignment and indenting options. Don't fall back on the space or tab bar.
- Select the Pilcrow to see the formatting.

Far down within the dim West,

Where the good and the bad and the worst and the best
Have gone to their eternal rest.
There shrines and palaces and towers

(Time-eaten towers that tremble not!)
Resemble nothing that is ours.
Around, by lifting winds forgot,
Resignedly beneath the sky
The melancholy waters lie.

No rays from the holy heaven come down
On the long night-time of that town;
But light from out the lurid sea
Streams up the turrets silently-

Gleams up the pinnacles far and free-
Up domes- up spires- up kingly halls-

The port is near, the bells I hear, the people all exulting,
While follow eyes the steady keel, the vessel grim and
daring.

→ But O heart! heart! heart!

→ O the bleeding drops of red,

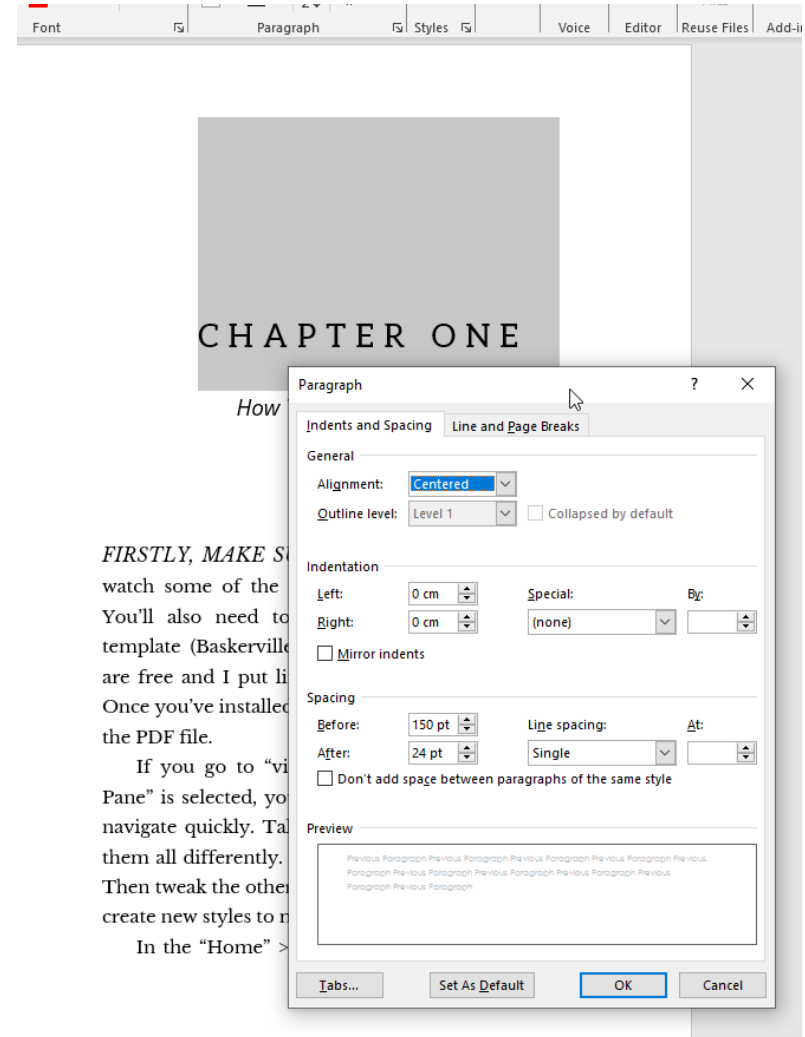
.....Where on the deck my
Captain lies,

.....Fallen cold and
dead.

O Captain! my Captain! rise up and hear the bells,
Rise up--for you the flag is flung--for you the bugle trills

Chapter Spacing

- Most chapters are aligned centered.
- Put a little bit of white space at the top of the page, or start chapters partway down the page.
- Use the Before and After spacing to achieve this.



Formatting Part 2

Table of Contents

- **The default Word Table of Contents rely on your use of styles and includes the first three heading levels.**
- **Click the References tab. Click Table of Contents, then Custom Table of Contents.**
- **Click the Options button in the Table of Contents dialog box to map the styles you used to the ToC framework.**

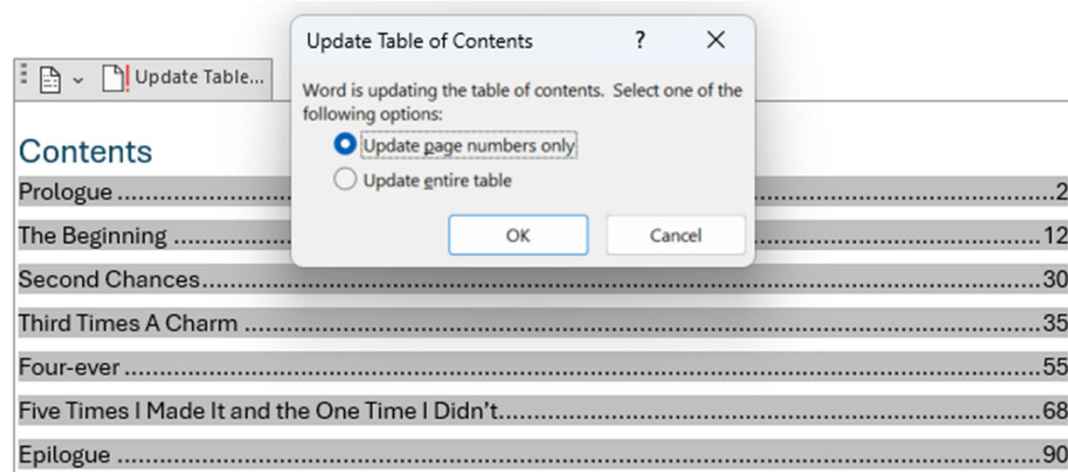
Table of Contents

The screenshot displays the Microsoft Word interface with the 'References' ribbon selected. The 'Table of Contents' group on the ribbon includes options like 'Table of Contents', 'Update Table', 'Custom Table of Contents...', 'Insert Footnote', 'Insert Endnote', 'Next Footnote', 'Show Notes', 'Search', 'Researcher', 'Insert Citation', 'Manage Sources', 'Style: APA', 'Bibliography', 'Insert Table of Figures', 'Update Table', 'Cross-reference', and 'Mark Entry'. The 'Custom Table of Contents...' option is highlighted with a red box.

The 'Table of Contents' task pane is open, showing the 'Table of Contents' tab. It displays a 'Print Preview' and a 'Web Preview' of the table of contents. The 'Print Preview' shows a table with three headings and their page numbers. The 'Web Preview' shows the same headings with hyperlinks. Below the previews are checkboxes for 'Show page numbers', 'Right align page numbers', 'Use hyperlinks instead of page numbers', and 'Outline levels'. The 'Table of Contents Options' dialog box is also open, showing the 'Build table of contents from:' section with 'Styles' selected. It lists available styles (Heading 1, 2, 3, 4, 5, 6) and their corresponding TOC levels (1, 2, 3, etc.). The 'Table of Contents Options' dialog box has 'Reset', 'OK', and 'Cancel' buttons.

Table of Contents

- After you've edited your document, page numbers and headings may change; to update your Table of Contents, right-click in the table and choose Update Field, or choose Update Table.



Page Breaks vs Sections

- **Page Break** pushes any information after that page break onto the next page.
- **Is great for adding blank pages.**
- **Section Break Next Page** also pushes to next page **AND** splits your document into different parts to allow you to apply complex formatting.

Using Sections

- **One reason we want Sections in a document is to have specific parts of the book with different headers & footers.**
- **For example, if each chapter is a new section, we can have the individual Chapter Titles across the top of the page.**

<https://www.youtube.com/watch?v=Q7-gDV0RiCM>

Mauris suscipit arcu a massa pharetra, vel rutrum metus mattis. Sed scelerisque, lectus vel fermentum volutpat, velit turpis ullamcorper turpis, eget faucibus est nulla quis tortor. Curabitur in vulputate urna, in mattis tortor. Phasellus eu posuere elit. Praesent imperdiet magna a nibh mattis aliquam. Aenean bibendum magna eget sem molestie bibendum. Cras purus neque, sodales porttitor ante id, porttitor interdum tortor. Mauris lacinia sit amet risus in placerat. Morbi urna erat, gravida eget risus a, cursus molestie mauris.¶

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¶===== Section Break (Next Page) =====¶

CHAPTER THREE ¶

WHY SECTIONS ¶

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Suspendisse ut faucibus nulla. Phasellus euismod tortor et ligula tincidunt interdum. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Aliquam erat volutpat. Etiam mattis pharetra ante ut interdum. Nam interdum convallis turpis at venenatis. Sed laoreet augue id nisi suscipit, ac pulvinar ipsum tristique. Proin porta viverra elementum.¶

Duis posuere dolor eget urna efficitur, vel aliquam ex interdum. Donec a lectus orci. Aliquam erat volutpat. Curabitur velit mauris, pulvinar et eros vitae, efficitur venenatis libero. Vestibulum eget purus viverra, tincidunt orci a, molestie neque. Quisque ut nibh faucibus, commodo sem non, faucibus metus. Class aptent taciti sociosqu ad litora torquent per conubia nostra, per inceptos himenaeos. Maecenas posuere dictum egestas. Aenean placerat lorem pharetra viverra finibus. Phasellus quis dui et elit ullamcorper nec non ipsum. Phasellus ipsum sapien, tincidunt a tincidunt et, maximus non arcu. Aliquam erat volutpat. Etiam viverra faucibus metus vitae pulvinar. Praesent condimentum, sapien vel suscipit imperdiet, nunc nulla efficitur nulla, a facilisis dolor arcu mattis ex. Vestibulum nec massa a odio interdum porttitor nec quis lorem. Integer vitae varius lectus.¶

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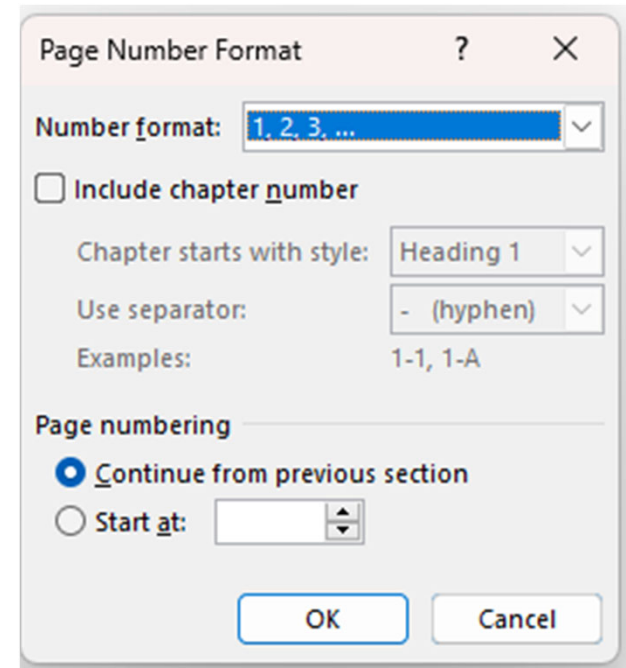
Phasellus sagittis magna ante, vitae pharetra eros efficitur eget. Nam vehicula libero consequat felis ullamcorper cursus. Sed dignissim finibus sapien, id suscipit dui bibendum ac. In finibus aliquam tempus. Sed luctus sagittis velit eget vulputate. Donec id eros eget ligula elementum lacinia ac id quam. Vestibulum et neque vitae purus ultrices feugiat.¶

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Mauris suscipit arcu a massa pharetra, vel rutrum metus mattis. Sed scelerisque, lectus vel fermentum volutpat, velit turpis ullamcorper turpis, eget faucibus est nulla quis tortor. Curabitur in vulputate urna, in mattis tortor. Phasellus eu posuere elit. Praesent imperdiet magna a nibh mattis aliquam. Aenean bibendum magna eget sem molestie

Page Numbers

- Typically aligned centered or to the outside of the page (even page left, odd page right).
- First pages in a chapter may not have page numbers at all.
- Front Matter is either not numbered or uses roman numerals.



The screenshot shows a 'Page Number Format' dialog box with the following settings:

- Number format:** 1, 2, 3, ...
- ☐ **Include chapter number**
- Chapter starts with style:** Heading 1
- Use separator:** - (hyphen)
- Examples:** 1-1, 1-A
- Page numbering:**
 - ☒ **Continue from previous section**
 - ☐ **Start at:** [spin box]
- Buttons:** OK, Cancel

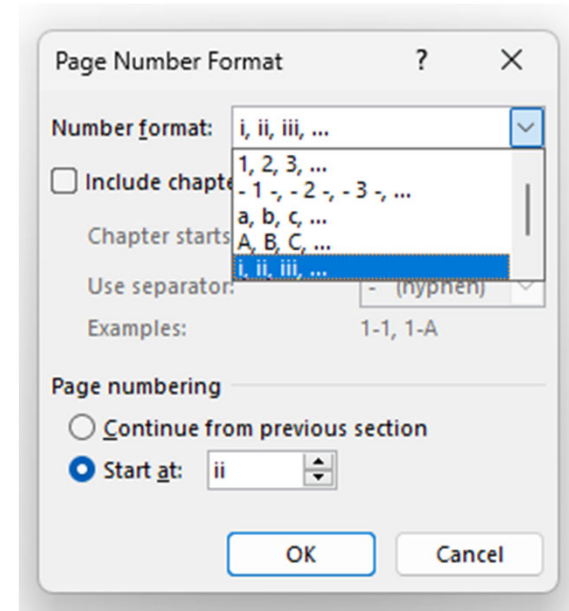
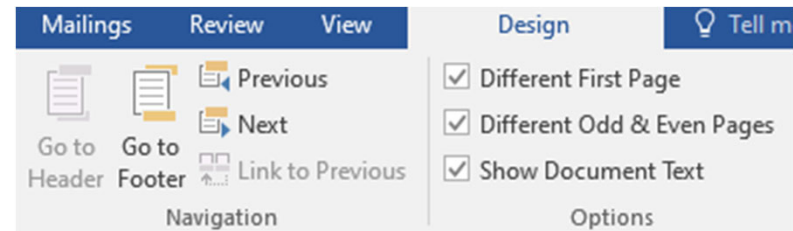


The diagram illustrates the placement of page numbers in the footer area:

- Odd Page Footer:** The page number 5 is centered on the left side of the footer area.
- Even Page Footer:** The page number 6 is centered on the right side of the footer area.

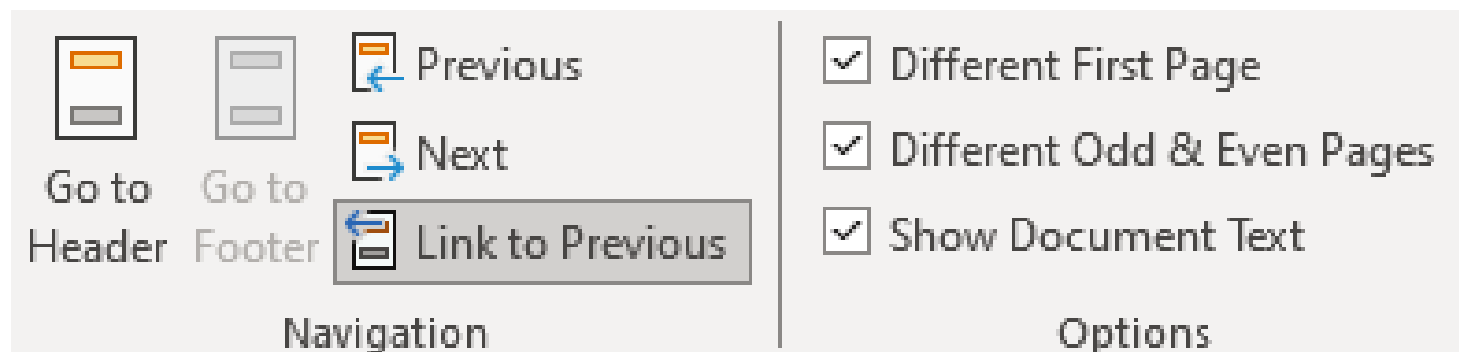
Page Numbers

- If you want the front matter to have different number formatting you'll need sections
- Sometimes adding page numbers can be tricky, so always start at the beginning and work your way through the document



Running Heads

- A running head is a heading printed at the top of each page of a document or book.
- Usually this is either Author/Title or Book Title/Chapter Title where there is one of these elements at the top alternating odd and even pages.



CHAPTER ONE

THE EXAMPLE

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Phasellus eleifend erat nec finibus euismod. Suspendisse congue feugiat tellus, a malesuada nulla. Vestibulum rutrum ut ante vitae accumsan. Donec ac arcu maximus, blandit orci sit amet, dictum eros. Suspendisse potenti. Aliquam et augue tellus. Vestibulum eu placerat est, non vulputate sem.

Aliquam sodales euismod mauris. Nullam facilisis elementum velit, quis lacinia urna egestas non. Nulla tistique libero non ex porttitor, sit amet dapibus justo sodales. Phasellus feugiat, risus a luctus fringilla, enim ligula commodo nulla, a porta leo lacus sed dui. Sed pellentesque eros non ultricies maximus. Aliquam a augue urna. Donec nec ante quam.

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CHAPTER TWO ¶

SLIGHTLY DIFFERENT ¶

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Ut sit amet ante vulputate, dignissim nisi id, aliquam velit. Sed ornare posuere vestibulum. Nam elit turpis, pretium eu varius at, lobortis sit amet metus. Nullam sodales dui sit amet vulputate. Cras velit nisi, vehicula eu imperdiet id, rhoncus ut mi. Nam feugiat, velit quis vulputate egestas, lorem libero pharetra magna, vel maximus turpis nisi ut odio. Class aptent taciti sociosqu ad litora torquent per conubia nostra, per inceptos himenaeos. Etiam volutpat fermentum eleifend. Sed iaculis, metus bibendum rutrum auctor, tellus sapien tistique eros, quis euismod quam tortor non augue. Praesent bibendum posuere finibus. Fusce accumsan id massa nec sagittis. Morbi in justo tincidunt, varius tellus sed, imperdiet purus. Proin bibendum finibus nulla. Cras sollicitudin neque vitae convallis varius. Sed tincidunt semper felis, eget consequat sem tincidunt quis. Praesent lacus tortor, posuere sed felis id, portitor condimentum elit.

Mauris suscipit arcu a massa pharetra, vel rutrum metus mattis. Sed scelerisque, lectus vel fermentum volutpat, velit turpis ullamcorper turpis, eget faucibus est nulla quis tortor. Curabitur in vulputate urna, in mattis tortor. Phasellus eu posuere elit. Praesent imperdiet magna a nibh mattis aliquam, eget sem molestie.

Photos & Artwork

Some photos require permission to use!

If you are using photos with people in them for advertising you need their permission. People have the right to profit from their photograph or likeness and this right continues after death and is given to their heirs.

Do I need permission to use this photo in my book?

A picture you took of a group or individual	On your cover (advertising purpose)	Yes
	Inside your book (editorial purpose)	Not necessarily
Public domain photos	On cover or in your book	Not necessarily <u>BUT</u> May need to credit

<https://selfpublishingmadeeasy.wordpress.com/2013/02/11/guidelines-on-using-photos-in-your-self-published-book>

Images

- Any images inside the book should be a minimum of 300 DPI for printing.



Low to high resolution

- It is recommended to add images as the last stage of your book writing, and tweak images from front to back of your book.

Images

- When you set an object's text wrapping to be in line with text, Word treats the object in question as a text character.
- "Move Object With Text" setting determines whether the object will move with the paragraph to which it's anchored.
- While the object is anchored to a paragraph, Word will move the object along with the paragraph. You can add or delete paragraphs above the one containing your object and the object moves along with its own paragraph.

<https://www.howtogeek.com/363208/how-to-position-images-in-a-word-document/>

Images

Square

Video provides a powerful way to help you prove your point. When you click Online Video, you can paste in the embed code for the video you want to add. You can also type a keyword to search online for the video that best fits your document.

To make your document look professionally produced, Word provides header, footer, cover page, and text box designs that complement each other. For example, you can add a matching cover page, header, and sidebar. Click Insert and then choose the elements you want from the different galleries.

Themes and styles also help keep your document coordinated. When you click Design and choose a new Theme, the pictures, charts, and SmartArt graphics change to match your new theme. When you apply styles, your headings change to match the new theme.

Save time in Word with new buttons that show up where you need them. To change the way a picture fits in your document, click it and a button for layout options appears next to it. When you work on a table, click where you want to add a row or a column, and then click the plus sign.

Reading is easier, too, in the new Reading view. You can collapse parts of the document and focus on the text you want. If you need to stop reading before you reach the end, Word remembers where you left off - even on another device.



Tight

Video provides a powerful way to help you prove your point. When you click Online Video, you can paste in the embed code for the video you want to add. You can also type a keyword to search online for the video that best fits your document.

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Different Wrap Text options control how the text and picture interact with one another.

Through

Video provides a powerful way to help you prove your point. When you click Online Video, you can paste in the embed code for the video you want to add. You can also type a keyword to search online for the video that best fits your document.

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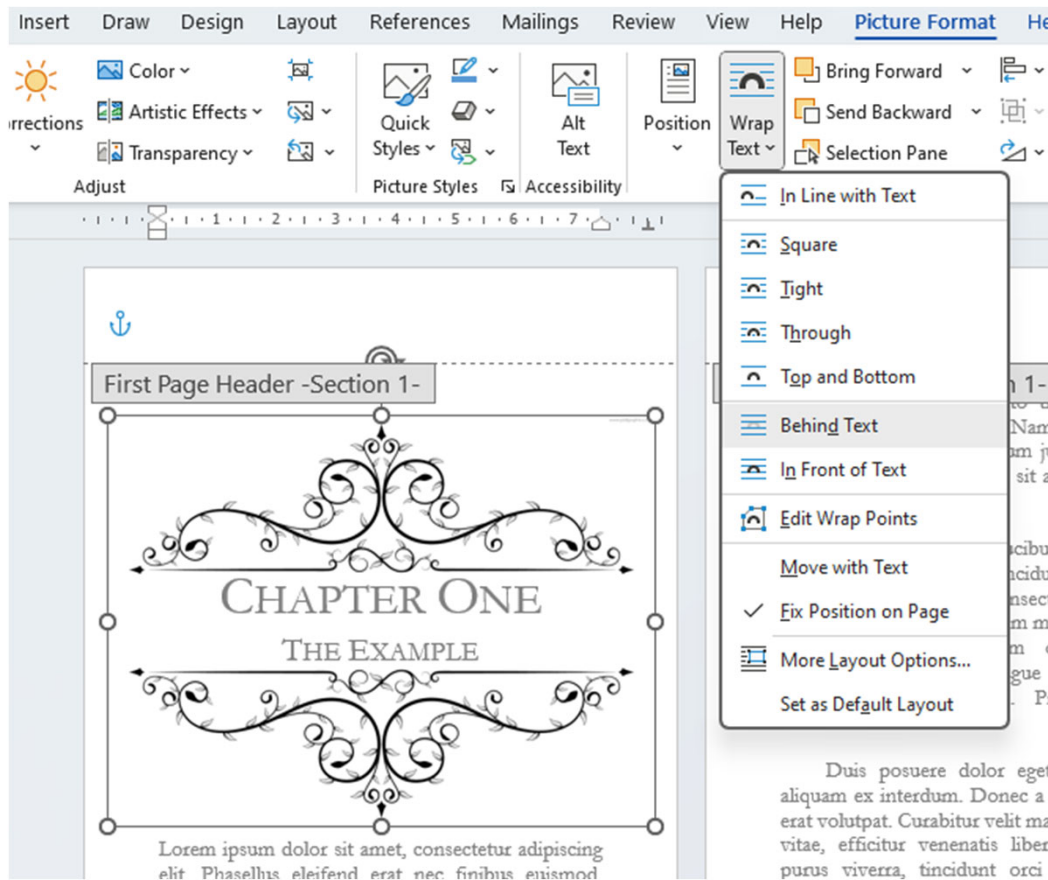
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<https://www.techrepublic.com/article/how-to-use-the-many-text-wrapping-options-in-microsoft-word/>

Images



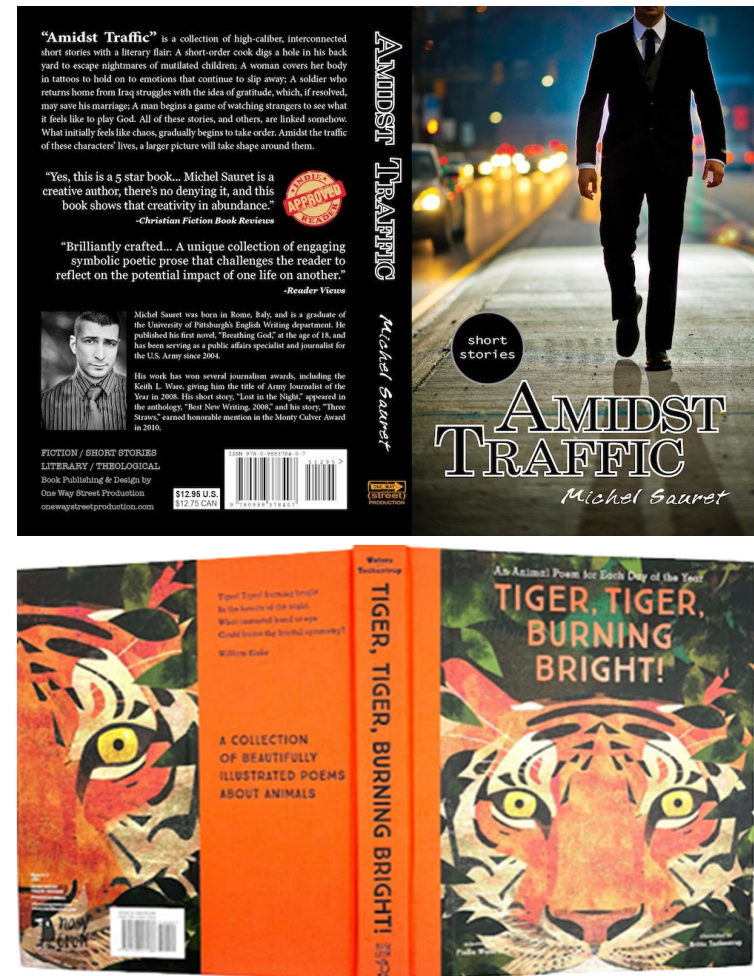
Add images in the headings in order to create embellished chapter titles.

Next Class: Cover Class in InDesign!

Register for the *Book Binding – Cover Class* class to learn how to design a cover spread for your book!

Bring:

- An idea for your cover spread
- Images/Artwork/Font you want to use on a usb
- Text you want to include on your cover
- ISBN Barcode (if selling)



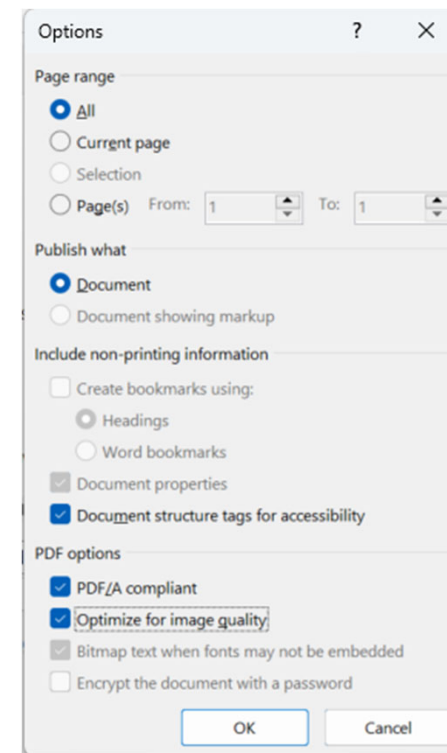
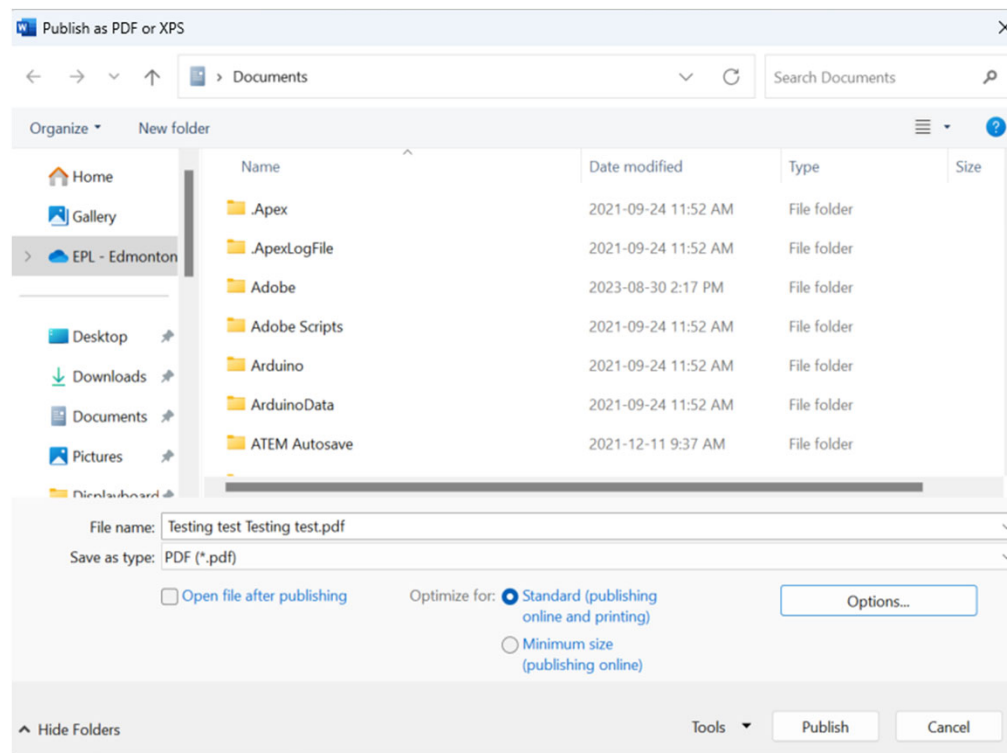
File Submission

- **Must submit book block and cover together (both should be PDF/A)**
- **Submissions for your book must happen during Fab Lab Hours so you can pre-pay for your book and get registered for *Bookbinding – Binding Class***

How to make it PDF/A

- **Keep a copy in an editable form (word, google doc, etc).**
- **Export completed file to PDF/A!**

File > Export > Options > PDF/A Compliant



Other Resources

- Reedsy – online service that can help [format books](#) (free & paid), as well as a [Marketplace](#) editing, design, and marketing (paid)
- How To Make A Book From An AO3 Page by [ArmoredSuperHeavy](#)
- [LinkedIn Learning](#) – Adobe InDesign Designing a Book (free with EPL card)
- [Pagemasters](#) – Edmonton company that prints independently published books; Editorial Review, Copy Edit, Proof-reading, Design & more services (paid)
- [No Story Lost](#) – memoir books written for you (they interview, record stories, transcribe the audio to text, and then write the book)
- [Priority Printing](#) – Edmonton company that prints independently published books; Full Design & Format Typesetting services (paid)
- [Draft2Digital](#)– online service that prints on demand; as well as having [book formatting templates](#)